



THE WELLNESS SHOW



Helping you find balance.

"All your healthy lifestyle needs for body, mind + spirit under one roof"



March 3, 4, 5, 2017

Friday, 12 noon to 7 pm | Saturday, 10 am to 7 pm | Sunday, 10 am to 6 pm



Ticket Prices and Location

Vancouver Convention Centre, West Building Exhibit Hall B

CASH ONLY AT THE DOOR*

\$14.50 General Admission | \$12.50 Seniors 65+ / Students with valid ID

\$6.00 Children (5 and under free) | \$30.00 Three day pass

\$25.00 Family Pack – 2 adults + 2 children

Not valid with any other ticket promotion.

DISCOUNT TICKETS AVAILABLE ONLINE* PayPal at www.thewellnessshow.com/tickets

FOR GROUP TICKET/CORPORATE GIFT PACKS Call the show office to book 604-983-2794

**All prices include GST. All seminars, demos and workshops are included in the price of admission.*

Enter to win!

All included in your price of admission.



Grand Prizes

Function Health Club Wow! Wellness Package



Chopra Addiction & Wellness Center Healing Experience



Float House 10-Pack Float



Stage Prizes

Celebrity Cooking Stage - Kingfisher Oceanside Resort & Spa One Night Stay with Hydropath



Healthy Families Stage - Vancouver's Pediatric & Family Wellness Chiropractic Gift Pack



Living Well Stage - Genuine Health Gift Basket



Women & Wellness Stage - Genuine Health Gift Basket



Zen Fitness Stage - Flaman Fitness Bowflex Uppercut

Seminar Prizes

Cookbooks, restaurant gift cards, goodie bags and more available to be won at individual seminars.

Plus, Wellness Show Swag Bags!

Welcome to the 25th Annual Wellness Show

So Much to Learn and Discover

The Nesters Market Organic Section

The Nesters Market Organic Section highlights quality organic and natural products and offers free samples of some of the delicious healthy foods found at Nesters Market stores.

The Celebrity Cooking Stage

Watch as celebrity chefs and award-winning cookbook authors share their healthy recipes made with BC's best and most sustainable ingredients. Afterwards, sample their creations and see why Vancouver is considered the best food city in Canada.

Women's Power Panel - A Fresh Conversation About Life

Join Award-Winning TV Host Kristina Maticic, Women's Health Expert Loma Vanderhaeghe and Business Coach Heather White for a fresh conversation about life as industry leaders on Saturday at 2pm on the Women & Wellness Stage. Sponsored by Fresh Vancouver Magazine.

Active Dad Panel - Balancing Fame, Fitness and Family

Join Award-Winning Fitness Coach Tommy Europe, Lifestyle Mentor Dai Manuel, CTV Weather Anchor Marke Driesschen and 2017 BC Liberals Candidate Steve Darling as they open up about fame, family and fitness on Sunday at 4:15pm on the Living Well Stage.

Exhibitors, Speakers and Demonstrations – There is Something for Everyone!

www.thewellnessshow.com EVENT INFORMATION 604-983-2794



/thewellnessshow

★ Special Features for 2017 ★

Celebrate our 25th

Take your best shot at the selfie station and share photos, healthy facts and wellness trend predictions on the 25th anniversary memory wall.

BC Marketplace

Meet local artisans, crafters, makers and bakers in this shopping area dedicated to small businesses with big hearts.

The Healthy Families Zone

Get active with your kids at the BOKS Obstacle Course, learn about urban beekeeping with Vancouver Honeybees and watch how-to demos on the Healthy Families Stage.

Traditional Medicinals Fresh Lounge

Enjoy a cup of hot, healthy Traditional Medicinals tea in our cool, custom-designed lounge.

Bodhi Meditation Garden

Visit this quiet oasis in the middle of the show and experience the many forms of meditation taught by Bodhi Meditation.

Organic Section Sponsored by:



Presenting Sponsor of The Fresh Lounge:



Presenting Sponsor of The Bodhi Meditation Garden:



Media Sponsors:

