



# THE WELLNESS SHOW

# finding balance



2 days only!

## February 17 & 18, 2018

Vancouver Convention Centre, East Building, Exhibit Halls B & C

Exhibitors, Speakers and Demonstrations – There is Something for Everyone!

### The 26th Annual Wellness Show

#### The Nesters Market Organic Marketplace

The Nesters Market Organic Marketplace highlights quality organic and natural products and offers free samples of some of the delicious healthy foods found at Nesters Markets 14 stores.

#### The Celebrity Cooking Stage

Watch as celebrity chefs and award-winning cookbook authors share their healthy recipes made with BC's best and most sustainable ingredients. Afterwards, sample their creations and see why Vancouver is considered the best food city in Canada.

#### Traditional Medicinals Lounge

Enjoy a cup of hot, healthy, Traditional Medicinals tea in our cozy custom-designed lounge featuring The Teak Tree furniture.

#### Ticket Prices CASH ONLY AT THE DOOR

General Admission*	14.50
Seniors 65+ / Students with valid ID*	12.50
Children (12 and under free)*	FREE
Two Day Pass*	20.00

\*Not valid with any other ticket promotion. All prices include GST. All seminars, demos and workshops are included in the price of admission.

#### Women's Power Panel – February 18th, 2:00 pm

Join Tosca Reno (best selling author & health expert), Lori Joyce (CEO at Betterwith Foods), and Aeryon Ashlie (fitness expert & coach) for the Women Empowering Women Panel sponsored by Fresh Magazine.

#### Bodhi Meditation Garden

Visit this quiet oasis in the middle of the show and experience the many forms of meditation taught by Bodhi Meditation.

#### Table Tennis Anyone?

Experience the physical and mental benefits of Table Tennis. There will be 4 regular tables, one junior table, and one mini table for the little ones, as well as professional players and coaches to teach you more about the sport!

#### Discount Tickets Available Online\*

[www.thewellnessshow.com/tickets](http://www.thewellnessshow.com/tickets)

#### Group Ticket/Corporate Gift Packs

Call the show office to book 604-983-2794

### Enter to win!

All included in your price of admission.



#### Grand Prizes

- Brentwood Bay Resort & Spa – Three Night Accommodation For Two
- Painted Boat Resort Spa & Marina – Two Night For Two! West Coast Chic Package
- Sparkling Hill Resort & Spa – Two Night Introductory Health & Wellness Package
- Float House – Two, 1 year Memberships

#### Stage Prizes

- Celebrity Cooking Stage - Spain Gourmet Gift Basket
- Healthy Families Stage - Single Body Health Scan from AIM Medical Imaging
- Living Well Stage - Massage/Therapy Package from VCMT
- Women & Wellness Stage - EnerChanges Health Clinic Gift Package
- Zen Fitness Stage - Firma Energywear Apparel Gift Pack!

Plus, Wellness Show Swag Bags, seminar prizes and so much more!

[www.thewellnessshow.com](http://www.thewellnessshow.com) event information 604.983.2794

@thewellnessshow #Wellness18
 

 /thewellnessshow

Organic Marketplace Sponsored by:



Presenting Lounge Sponsor – Traditional Medicinals:  
Furniture Provided by The Teak Tree:



Presenting Sponsor of  
The Bodhi Meditation Garden:



Media Sponsors:

